

Developing Inter-Professional Skills in Health Promotion and Public Health Practice

Oct 2008 – July 2009

Validated by the
University of Reading
School of Health and Social Care

University of Reading,
Bulmershe Campus
Woodlands Ave,
Earley,
Reading,
RG6 1HY

INTRODUCTION

Welcome to Developing Inter-professional Skills in Health Promotion and Public Health Practice.

This Open Learning course was initially established in the early 1990's and validated by the Health Education Authority until 1997 when the HEA ceased to exist.

This programme has a long and successful track record for those engaged in the delivering Health Promotion and Public Health programmes - whatever the setting.

COURSE RATIONALE

Health Promotion and Public Health is no longer the preserve of the NHS. It is now central to the work of Local Authorities, Schools, Prisons, Social Enterprise Organisations, and the private sector with a public service contract.

You will gain the knowledge, skills and professional expertise to be able to undertake your health promotion tasks more effectively and with confidence. Your ability to reflect, assess evidence and be self-critical of your own approach, evaluate your work and develop appropriate techniques are necessary steps towards autonomous professional behaviour, and will be emphasised throughout the programme.

The programme seeks to complement your existing knowledge base through a process of educational and professional enrichment which teaches the generic "principles of practice" of Health Promotion/Public Health.

AIMS

The programme of study aims to enable students to:

- a) Devise and carry out planned programmes of health promotion and public health utilising appropriate methodologies and methods
- b) Work jointly with clients and other health and social welfare professionals in ethical decision-making about health goals.
- c) Adopt an analytical approach to the quality and effectiveness of health promotion and public health within different settings, and to identifying opportunities for intervention where appropriate.
- d) Reflect on personal and professional practice.

PROGRAMME STRUCTURE

The programme has been designed within a modular framework operating over ten months.

The Course comprises study of five compulsory units each with a credit rating. The award carries 60 CATS (Credit Accumulation and Transfer Scheme), at Intermediate Level (I), which is equivalent to university level 2.

UNITS DESCRIPTIONS

<u>Unit Title</u>	<u>Credit</u>	<u>Level</u>	<u>Compulsory/Optional</u>
1. Epidemiology Health Promotion	10	I	Compulsory
2. Communication and Health Promotion	10	I	Compulsory
3. Theories and Concepts of Health Promotion	10	I	Compulsory
4. Designing and Implementing Health Promotion	10	I	Compulsory
5. Practitioner Based Enquiry (PBE)	20	I	Compulsory

Students must enter the programme with a minimum of 120 CATS* at the lower level.

*APEL (Accreditation of Prior Educational Learning) a facility for students without formal qualifications to assess whether they meet university entry requirements.

Provisional Workshop Dates – All Fridays 9.30 to 16.00.

<u>Induction</u>	26 th September 08	Orientation
<u>Workshop 1</u>	10 th October 08	Epidemiology and Health Promotion
<u>Workshop 2</u>	28 th November 08	Communication and Health Promotion 1st assessment due
<u>Workshop 3</u>	16 th January 09	Theories and Concepts in Health Promotion 2nd assessment due
<u>Workshop 4</u>	13 th March 09	Designing and Implementing Health Promotion 3rd assessment due
<u>Workshop 5</u>	15 th May 09	Practitioner based Enquiry 4th assignment due around this time but flexible
<u>Workshop 6</u>	13 th July 09	Presentations and end of course – Unit 5 assignment due about 2-3 weeks prior to this date.

During this time you will need to select and attend four additional Health Promotion training events.

The course will take place at University of Reading – Bulmershe Campus.

Ann Wylie. PhD, MA., FHEA (Course Director)
Richard Shircore M.Sc. B.Sc. (Course Tutor)

Teaching Staff. All teaching staff have been approved by the University of Reading, as well as holding other professional posts.

Course fees: (2008/8) - **£980** including all essential workbooks but not the two textbooks which students must purchase at the start of the course.

For further details and application forms, please contact
Amanda Harvey (0118 378 8849) a.h.harvey@reading.ac.uk

Postgraduate Administrator, School of Health & Social Care, University of Reading,,
Bulmershe Campus, Woodlands Ave, Earley, Reading, RG6 1HY

Please feel free to contact Richard Shircore on 01753 274112, mobile 07943 404 388 or
email info@healthpromotion.uk.com for further information or informal discussion.

Additional Training Programme to support/complement course

Minimum Requirement four days from the six offered.

Training Day 1	7 th November 08	Working with Aims and Objectives
Training Day 2	12 th December 08	Professional I Communication Skills
Training Day 3	13 th February 09	Planning and Implementing
Training Day 4	27 th March 09	Problem Solving and Programme Design
Training Day 5	24 th April 09	Inequalities in Health Promotion
Training Day 6	5 th June 09	Introduction to Management and Organisational Skills

Previous participants have included:

School Nurses	Sports and Leisure Centre Staff
Health Visitors	Social Service Professionals
Midwives	Community Matrons
Sexual Health staff	Mental Health Professionals
Youth and Community Workers	Secure Unit Staff
Prison Health Care Staff	Occupational Health Nurses
Youth and Community Workers	Chiropodists
Student Counsellors	Learning Disability Staff.
Parenting and Family Workers	Drug and Alcohol Rehab staff
Social Inclusion Staff	Community Pharmacists
Health promotion and public health staff	Smoking Cessation staff
Project Workers – Voluntary Sector	Care Home Staff

For further information visit: www.rdg.ac.uk/health/shortcourses/dips.html

www.bhps.org.uk/hpcourse