

Name _____ DOB _____

O.T. HOME HAZARD CHECK LIST

Question	Yes	No	Comments
<u>Outdoors:</u>			
a. Is your front path clear of objects and in good repair?			
b. Are the paths, steps and entrances to your house well lit?			
c. Do you find it difficult to unlock or lock your outside doors?			
d. Do you have rails to hold onto at your front and back doors?			
e. Do <u>you</u> empty the household rubbish into the outside bin?			
<u>Stairs:</u>			
a. Do you switch the light on when you use the stairs at night?			
b. Can you clearly see the edges of the steps?			
c. Are the coverings on the steps in good condition?			
d. Is anything stored in the stairway, even temporarily?			
e. Do you have a handrail/bannister?			
<u>Bedroom:</u>			
a. Do you have a light switch within reach from the bed?			
b. Is there a telephone close to your bed?			
c. If you have a pendant alarm, do you wear it when going to the toilet at night?			
d. Do you have a loose rug by your bedside?			
<u>Bathroom:</u>			
a. Do you use a non-slip mat on the bottom of the bath or shower tray.			
b. Do you sit on a bath board or shower chair?			
c. Is there a grab rail to help you to get into and out of the bath/shower?			
<u>Toilet:</u>			
a. Do you have any equipment to help you get on/off the toilet,			
b. When you use the toilet, do you hold onto the sink, bath or towel rail?			
c. Do you walk into the toilet with your walking aid?			

Question	Yes	No	Comments
<u>Kitchen:</u>			
a. Do you store items that you regularly use in high cupboards?			
b. Do you need to bend over to reach for the fridge/oven?			
c. Is there a continuous working surface so you can slide a saucepan or kettle to avoid lifting it up?			
d. What type of floor covering do you have in the kitchen?			
Lino			
Carpet			
Loose rugs			
<u>Clothing and footwear:</u>			
a. Do you ever wear clothes with trailing hems or cords?			
b. Do you wear long nightgown or flared pyjamas?			
c. What type of footwear do you use at home?			
Supportive slippers with non-slip soles			
Slippers with no back			
Outdoor shoes			
Barefoot			
<u>Miscellaneous</u>			
a. Do you have any loose rugs on top of polished floors, lino and carpet?			
b. Are there any wires trailing across the floor.			
c. Do you have a letterbox cage to avoid stooping to pick up the mail?			

Additional information

Outcome:

Print name -----

Signature -----

Date -----