



South Hill Park



## Dance and Movement

Friday Afternoons

1 - 2pm OR 2-3pm

£2.50 per session

South Hill Park Arts Centre

<http://www.southhillpark.org.uk/aboutUsTravel.jsp>

Come and try some new moves with Di Ruddick. No previous dance experience necessary, just a willingness to have a go.

You can work at the level you feel comfortable with, including using a chair to being more mobile.

The groups are small and very friendly too! Please wear loose and comfortable clothing. Remember to tell your friends.



THESE CLASSES ARE POPULAR SO YOU MUST PHONE TO BOOK  
**Kerry Lemon Assistant Arts Development Officer on  
01344 351756/ [kerry.lemon@bracknell-forest.gov.uk](mailto:kerry.lemon@bracknell-forest.gov.uk)**