

Briefing Sheet East Berkshire Falls Service WAM Locality



Berkshire East
Community Health Services

- ✓ All staff in all settings needs to be involved in the prevention of falls and fractures in older people
- ✓ Use at least the FRAT (Falls Risk Assessment Tool) and Black tool (Osteoporosis Risk Assessment Tool) but rather than just use tools, reduce identified risks wherever you can
- ✓ There are a variety of tools, advice sheets and referral forms available depending on your job or the setting in which you work
- ✓ All tools and the Falls Care Pathway are available on the local Falls Information Website: www.bhps.org.uk/falls

Referral to the St Mark's Day Hospital Falls Prevention Clinic and the Short Term Support and Rehabilitation team (formerly RRR)

- ✓ All injured fallers- especially all those who have suffered fragility fracture such as fractured hip, wrist, vertebra etc.
(Fragility fracture is a fracture which occurs as a result of a fall from standing height, knock or bump).
- ✓ Multiple fallers (more than one in last year)
- ✓ Single faller with established gait and/ or balance problem
- ✓ Fall due to loss of consciousness/ black-out
- ✓ Unexplained fall with apparent complex medical causes

If fall(s) due to environmental or mobility factors **only** or if unsuitable



St Mark's Day Hospital
Tel 01753-638530
Fax 01753-638526



Short Term Support and Rehabilitation Service:
Telephone 01628- 621981
FAX 01628- 683573 (Mon- Fri 8.45- 5.15 only)

For more detail and criteria see Referral Form on www.bhps.org.uk/falls



It is especially important to ensure that those older people who have fractured as a result of a fall, do not slip through the net!! They must all be offered referral to the Falls Service.

Please make a record of all the falls and fracture prevention information (written *and* verbal) that you give to patients and carers!!

For leaflets contact the Health Promotion Resources Department at St Mark's hospital



Use your local Falls Information Website:

www.bhps.org.uk/falls (includes Primary Care Falls Pathway)

or call for information: Falls Specialist Nurse 01753-636500