



**Briefing Sheet**  
**East Berkshire Falls Service**  
**Slough Locality**

- ✓ All staff in all settings needs to be involved in the prevention of falls and fractures in older people
- ✓ Use at least the FRAT (Falls Risk Assessment Tool) and Black tool (Osteoporosis Risk Assessment Tool) but rather than just use tools, reduce identified risks wherever you can
- ✓ There are a variety of tools, advice sheets and referral forms available depending on your job or the setting in which you work
- ✓ All tools and the Falls Care Pathway are available on the local Falls Information Website: [www.bhps.org.uk/falls](http://www.bhps.org.uk/falls)

**Referral to the Upton Day Hospital Falls Prevention Clinic and Intermediate Care home-based falls prevention programme for older people**

- ✓ All injured fallers- especially all those who have suffered fragility fracture such as fractured hip, wrist, vertebra etc.  
(Fragility fracture is a fracture which occurs as a result of a fall from standing height, knock or bump).
- ✓ Multiple fallers (more than one in last year)
- ✓ Single faller with established gait and/ or balance problem
- ✓ Fall due to loss of consciousness/ black-out
- ✓ Unexplained fall with apparent complex medical causes

**If fall(s) due to environmental or mobility factors only or if unsuitable for clinic refer to:**



**Upton Day Hospital**  
Tel 01753- 635354  
Fax 01753-635447



**Intermediate Care Team:**  
Tel 01753-475111  
Fax 01753- 476871

**For more detail and criteria** see Referral Form on [www.bhps.org.uk/falls](http://www.bhps.org.uk/falls)



**It is especially important to ensure that those older people who have fractured as a result of a fall, do not slip through the net!! They must all be offered referral to the Falls Service.**

**Please make a record of all the falls and fracture prevention information (written *and* verbal) that you give to patients and carers!!**

For leaflets contact the Health Promotion Resources Department at St Mark's Hospital



**Use your local Falls Information Website:**  
[www.bhps.org.uk/falls](http://www.bhps.org.uk/falls) (includes Primary Care Falls Pathway)  
**or call for information: Falls Specialist Nurse 01753-638530**