

Briefing Sheet East Berkshire Falls Service Bracknell Locality



Berkshire East
Community Health Services

- ✓ All staff in all settings needs to be involved in the prevention of falls and fractures in older people
- ✓ Use at least the FRAT (Falls Risk Assessment Tool) and Black tool (Osteoporosis Risk Assessment Tool) but rather than just use tools, reduce identified risks wherever you can
- ✓ There are a variety of tools, advice sheets and referral forms available depending on your job or the setting in which you work
- ✓ All tools and the Falls Care Pathway are available on the local Falls Information Website: www.bhps.org.uk/falls

Referral to Bracknell Forest Community Response and Re-ablement

- ✓ All injured fallers- especially all those who have suffered fragility fracture such as fractured hip, wrist, vertebra etc.
(Fragility fracture is a fracture which occurs as a result of a fall from standing height, knock or bump).
- ✓ Multiple fallers (more than one in last year)
- ✓ Single faller with established gait and/ or balance problem
- ✓ Fall due to loss of consciousness/ black-out
- ✓ Unexplained fall with apparent complex medical causes

For referral or more information contact:

Tel: 01344 -351450

or use the ICT Referral Form

Fax 01344 -351441



It is especially important to ensure that those older people who have fractured as a result of a fall, do not slip through the net!! They must all be offered referral to the Falls Service.

Please make a record of all the falls and fracture prevention information (written *and* verbal) that you give to patients and carers!!



For leaflets contact the Health Promotion Resources Department at St Mark's Hospital

Use the local Falls Information Website:

www.bhps.org.uk/falls (includes Primary Care Falls Pathway)

or call for information: Falls Specialist Nurse on 01753-636500